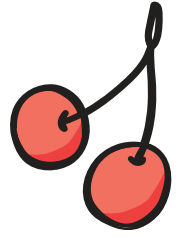
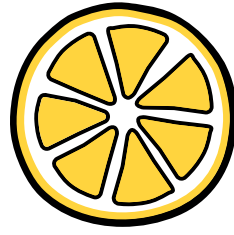


Meraki Smoothie bar



Smoothies

STRAWBERRY PATCH €4.95
Strawberries, banana, apple juice.

MANGO SUNSHINE €5.50
Mango, banana, orange juice.

BERRY BLAST €4.95
Banana, mixed berries, coconut & soya milk. **(Soya)**

COFFEE LOVER €4.95
Banana, dates, coffee, chia seeds, oat milk. **(Oat)**

ISLAND BLISS €5.50
Pineapple, mango, coconut & soya milk.

PINK DRAGON €5.50
Pink pataya, strawberries, dates, coconut milk.

VEGGIE BOMB €6
Cauliflower, banana, blueberries, cherries, spinach, zucchini, soya milk. **(Soya)**

RED VELVET €6
Cherries, strawberries, beetroot, banana, dark chocolate, vanilla extract, oat milk. **(Oat)**

Super Smoothies

MERAKI STRESS SMASH €6.95
Avocado, banana, chia seeds, spinach, Ashwagandha powder, almond milk. **(Nuts)**

VAVAVOOM €6.95
Kiwi, banana, mango, Maca powder, apple juice.

POWERHOUSE €5.95
Granola, peanut butter, banana, flax seeds, chia seeds, dates, Pea protein, coconut & soya milk. **(Nuts, Gluten, Soya)**

IMMUNE BOOST €5.95
Strawberries, mango, pineapple, Moringa Powder, orange juice.

BANANA MATCHA €5.95
Banana, spinach, zucchini, matcha, dates, vanilla extract, coconut & soya milk.

Boosters

€1.20
Add these health promoting supplement to your smoothie! Feed Your Soul!

Moringa - Antioxidant
Ashwagandha - Stress & Anxiety
Maca - Mood & Libido
Matcha - Metabolism Booster & Antioxidant
Pea Protein - 15 grams per Boost

Please check with your doctor if you have any medical problems before taking these boosters.

Freshly squeezed juice

ORANGE, CARROT OR CARROT & ORANGE MIX €3.50

Juice blends

SUPER CLEANSE €4.50
Apple, spinach, basil, matcha & cucumber.

PURE WISDOM €3.95
Apple, carrot, beetroot, ginger.

GINGER PUNCH €3.95
Ginger, lemon, orange, agave syrup.

SUNRISE €4.25
Carrot, apple, orange, cucumber.

ALKALIZER €4.25
Cucumber, spinach, lemon, ginger, apple juice.

PURE GINGER & APPLE SHOT €2
Immune system booster.

Milkshakes

GO BANANAS €3.50
Banana, agave syrup, coconut & soya milk. **(Soya)**

STRAWBERRY €3.50
Strawberries, agave syrup, coconut & soya milk. **(Soya)**

CHOCO-NANA €3.50
Cocoa powder, banana, agave syrup, coconut & soya milk. **(Soya)**

PEANUT BUTTER & CHOCOLATE €4
Cocoa powder, banana, peanut butter, agave syrup & almond milk. **(Nuts)**

Add a scoop of ice cream €1.50

